10/088875

Abstract

A sustained release form comprising α-lipoic acid (derivatives) is described and is characterized in that it consists of (a) at least one cationogenic polymer, (b) α-lipoic acid (derivative) and (c) at least one acid different from (b). It has surprisingly been found in this connection that, besides controlled release of active ingredient over more than 8 hours and a prolonged GI transit time, there is also faster penetration of the active ingredient. Completely unexpectedly, the sustained release form of the invention is additionally associated with an increased bioavailability of α-lipoic acid and derivatives thereof.